

ALL DAY BREAKFAST

RAISIN TOAST/TOAST/CROISSANT (V) 5,9
SERVED WITH BUTTER

TRUFFLE POACHED EGGS (V) 18,9
TWO POACHED EGGS ON RYE, WITH ASPARAGUS, FETA, TOASTED ALMONDS, THEN FINISHED WITH TRUFFLE OIL AND BEETROOT ESSENCE

PUMPKIN SMASH (V) 18,9
SERVED WITH TWO POACHED EGGS ON FRESH SPINACH AND SOY & LINSEED TOAST, SPRINKLED WITH FETA, PINENUTS AND PUMPKIN SEEDS, DRIZZLED WITH A BALSAMIC REDUCTION

SUPER BOWL (V GF) 17,9
QUINOA TOSSED THROUGH BROCCOLI, KALE, LENTILS, AVOCADO, CORN, TOMATO, HOUSE DRESSING, SPRINKLED WITH TOASTED SEEDS, TOPPED WITH A POACHED EGG

CORN FRITTERS 18,9
FRESHLY COOKED TO ORDER CORN FRITTERS WITH SMASHED AVOCADO & FETA, COMPLETE WITH A RASH OF BACON AND A POACHED EGG

BAKED SPANISH EGGS 17,9
EGGS BAKED IN HOUSEMADE SALSA OF TOMATO, CHORIZO, ROAST CAPSICUM & ONION, TOPPED WITH MOZZARELLA CHEESE AND SERVED WITH HERBED TOAST

ACAI BOWL (V GF VG) 16,9
ACAI BERRY SMOOTHIE, SERVED WITH COCONUT, GRANOLA, GOJI BERRIES, FRESH SEASONAL FRUIT

PORRIDGE (V) 13,9
HOUSEMADE PORRIDGE WITH CHIA, COCONUT, ALMOND MILK, TOPPED WITH SEASONAL FRUIT AND A MIXED BERRY COULIS

FRENCH TOAST (V) 16,9
DUSTED WITH CINNAMON AND SERVED WITH A SIDE OF PURE CANADIAN MAPLE SYRUP AND A HOUSEMADE BERRY MASCARPONE

BENEDICT 17,9
MAPLE GLAZED HAM HOCK AND POACHED EGGS TOPPED WITH HOUSEMADE HOLLANDAISE, ON FRENCH STICK
VERSION 1.5 +\$4.9

VEGETARIAN OMELETTE (V) 17,9
SPINACH, TOMATO, MUSHROOM AND GOAT CHEESE, SERVED WITH A SIDE OF TOAST

THE BIG BOSS 21,9
TWO POACHED EGGS ON TOAST, WITH BACON, ROAST TOMATO, BRAISED MUSHROOMS, CHORIZO AND A HASH BROWN

THE HERBIVORE (V) 21,9
TWO POACHED EGGS ON TOAST, WITH GRILLED HALOUMI, AVOCADO, ROAST TOMATO, BRAISED MUSHROOMS, TOMATO RELISH

KIDS EGG & BACON 8,9
ONE FRIED OR POACHED EGG ON TOAST, WITH A RASH OF BACON

FREE RANGE EGGS (V) 9,9
EGGS COOKED TO YOUR LIKING SERVED ON TOAST (SCRAMBLE +\$1.0 OR EGG WHITE SCRAMBLE +\$2.0)

EXTRAS

GLUTEN FREE BREAD, EGG, TOAST **+2,0**

BACON, MUSHROOM, HASH BROWNS, SPINACH, HOLLANDAISE, CHORIZO, HALOUMI, FETA, ASPARAGUS, ROAST TOMATO **+3,5**

SMOKED SALMON, AVOCADO, CORN FRITTERS, MINUTE STEAK, SMASHED AVOCADO & FETA, GOAT CHEESE **+4,5**

**(V) VEGETARIAN (GF) GLUTEN FREE
(VG) VEGAN**

AURA ONLY USES FREE RANGE EGGS SUPPLIED BY GREENVALE POULTRY FARM

*ALL SCRAMBLED EGGS ARE MADE DAIRY FREE
EGG VARIATIONS:*

*ON SET ITEMS +\$1.0 / +\$2.0 FOR SCRAMBLED
HALF SERVES -\$1.5*

SORRY, NO SUBSTITUTIONS

LUNCH ... FROM 11:30AM



\$14.9 LUNCH SPECIALS

AVAILABLE WEEKDAYS FROM 11:30AM

ADD CHIPS +\$2.8

PIE OF THE DAY

ASK FOR TODAY'S FILLING, SERVED WITH SALAD

CALAMARI

LIGHTLY DUSTED WITH SEMOLINA AND LEMON PEPPER, SERVED WITH TARTARE

FISH OF THE DAY

SERVED WITH SALAD

BLAT

BACON, LETTUCE, AVOCADO DIP, TOMATO, AIOLI ON FOCACCIA, SERVED WITH SALAD

FALAFEL WRAP (V)

HOMEMADE FALAFEL, LETTUCE, CUCUMBER, TOMATO & HOMOUMS, SERVED WITH SALAD

CAJUN CHICKEN WRAP

CAJUN CHICKEN BREAST WITH LETTUCE, TOMATO, ONION & AIOLI, SERVED WITH SALAD

KIDS (UNDER 12YRS ONLY)

NUGGETS & CHIPS 10,9

MINI SCHNITZEL & CHIPS 12,9

FISH & CHIPS 12,9

PASTA NAPOLI 12,9

SIDES

CHIPS (V, GF, VG) 7,9

WEDGES (V) 8,9

NACHOS (V, GF) 12,5

AURA CAFÉ RESTAURANT BAR

401/200 HIGH STREET, TEMPLESTOWE LOWER VIC 3107

E: AURA_TEMPLESTOWE@HOTMAIL.COM

P: (03) 09850 4007 | WWW.AURACRB.COM.AU

WAGYU BEEF BURGER 19,9

HOUSEMADE WAGYU BEEF PATTIE, CHEESE, ONION, TOMATO, LETTUCE AND AIOLI, SERVED WITH CHIPS

GOURMET CHICKEN BURGER 19,9

CAJUN CHICKEN BREAST, LETTUCE, TOMATO, CHEESE, AVOCADO DIP, AIOLI, SERVED WITH WEDGES

STEAK SANDWICH 19,9

MINUTE STEAK, TOMATO, CAMELISED ONION, BACON, ROCKET AND MUSTARD MAYO ON PARMESAN GRILLED SEEDED BREAD, SERVED W CHIPS

BLATZEL 19,9

HOUSEMADE CHICKEN SCHNITZEL, BACON, LETTUCE, AVOCADO DIP, TOMATO, AIOLI, SERVED ON FOCACCIA WITH CHIPS

LEMON PEPPER CALAMARI 22,9

DUSTED WITH SEMOLINA, LIGHTLY FRIED, SERVED WITH CHIPS & SALAD, TARTARE SAUCE

HEALTHY KICK 17,9

STEAMED BROWN RICE, MIXED VEGETABLES, AND YOUR CHOICE OF:

GRILLED CAJUN CHICKEN -OR- CHICKEN TENDERLOINS -OR- SMOKED SALMON -OR- A MINUTE STEAK -OR- HOMEMADE FALAFELS

**** To ANY SALAD ADD ****

**THREE FALAFELS OR GRILLED CHICKEN TENDERLOINS
OR SMOKED SALMON - FOR ONLY +\$3.5**

HALOUMI & LENTIL SALAD (V) 18,9

SERVED WITH TOMATO, CUCUMBER, ONION, ZAAATAR PITA, SPINACH AND HOUSEMADE HOMOUMS DRESSING

WARM CHICKEN SALAD (GF) 18,9

MARINATED CHICKEN PIECES MIXED THROUGH A GARDEN SALAD, WITH ONION, BACON, SUN DRIED TOMATOES, PINE NUTS AND A HONEY MUSTARD MAYONNAISE DRESSING

ROAST VEGETABLE SALAD (V GF) 19,9

ROASTED CAPSICUM, SWEET POTATO, PUMPKIN, ZUCCHINI, SERVED ON A BED OF SPINACH WITH PESTO MAYONNAISE, FETA, PISTACHIO, THEN DRIZZLED WITH POMEGRANATE MOLASSES

